

HOUSE

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Greening Your Kitchen

New ecofriendly appliances and kitchenware options abound.



LEFT TO RIGHT:
LIGHTING BY GREGORY DESIGNED THIS KITCHEN'S LIGHTING, FEATURING DIMMABLE FLUORESCENT OVERHEAD AND HALOGEN LAMPS ILLUMINATING THE RECESSES. CUISINART'S NEW WATER FILTRATION SYSTEM HAS AN ENERGY-SAVING HEAT FEATURE, AND CAN HELP HOMEOWNERS CUT DOWN ON CONSUMPTION OF BOTTLED WATER.

In the realm of kitchen lighting, there are also a number of new energy-efficient options, says **Cliff Starr**, store manager and professional lighting designer at **Lighting By Gregory** in New York City.

"We're seeing more and more people asking about LEDs," Starr says. "It costs more than other types of lighting, but when you realize that if you spend a little more now, and you're not having to buy replacement lamps, that savings adds up." Starr notes that an LED fixture left on for four hours a day, every day of the year, would last more than 34 years.

In the kitchen, Starr is also a big proponent of fluorescent lights, which have come a long way since the harsh, unflattering lighting for which they used to be known. Today, fluorescents can be chosen in different degrees of color temperature, ranging from very warm to very cool. They also can be dimmable.

In addition to their long life (translation—less waste generated by disposing of dead lamps) and energy efficiency, LED fixtures contain no mercury, a known toxin, and fluorescents contain very little, Starr points out.

Homeowners who aren't ready to overhaul their kitchens with new appliances or lighting can still make strides to become greener by making informed choices of cookware, kitchen utensils, and more.

Resource List

KITCHENWARE STORES

DIFFERENT DRUMMER'S KITCHEN, (518) 785-5600, differentdrummerskitchen.com

WARREN KITCHEN & CUTLERY, (845) 876-6208, warrenkitchentools.com

MAJOR APPLIANCES

BOSCH, (800) 944-2904, bosch-home.com/us

COOKWARE AND COUNTERTOP APPLIANCES

CALPHALON, (800) 809-PANS, calphalon.com

CUISINART, (800) 726-0190, cuisinart.com

FISSLER, (888) FISSLER, fisslerusa.com

KITCHEN TOOLS AND ACCESSORIES

BAMBU, (877) 226-2829, bambuhome.com

LIGHTING

LIGHTING BY GREGORY, (800) 807-1826, lightingbygregory.com