

Ideas & inspiration for your home

Decorating with Style

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lighting
Creating a well-lit space

130 Ways to Create a COZY ROOM

According to lighting pro Clifford Starr, of the Lighting by Gregory showroom, many manufacturers are designing fixtures to accept either the traditional screw base or the plug-in type CFLs. Starr explains that the design of the fixture you choose and the color of light you require determine which kind of lamp you'll need to use. "Traditional lamps, known for warmth and brightness, include incandescents as well as halogen, xenon and krypton bulbs (named for the gases each contain). The last three are more efficient than standard lamps, but not as cost-effective as CFLs," he says. "If you want a CFL with a color temperature closer to an incandescent, look for a 27K or 30K designation on the package. The type of light is determined by the color temperature on the Kelvin scale. The higher the number, the bluer the light, resulting in a cooler, fresher look. Some designers avoid using 27K because they find the light too yellow; they prefer 30K or 35K."

Starr has a few suggestions for choosing the right bulb for the job. For ambient floor and table lamps, choose a warm white compact fluorescent. Chandeliers require a lamp with a smaller socket than a standard fixture. In this case halogen, krypton

or xenon are good choices. Each of these lamps will save energy and emit a warm light. For reading or task light, look for a 23-watt CFL bulb (similar to a warm white or daylight 100-watt incandescent bulb). "The shape of the bulb only becomes an issue if it's visible—usually they are hidden," says Starr. "A quality lighting store should be able to match up the proper lamps with your fixture and help you to convert to CFLs when possible." +

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